

WEEK FOUR

	Monday	Tuesday	Wednesday	Thursday	Friday
Main course 1	Macaroni cheese	Corned beef stovies	Roast beef	Fish fingers	Roast chicken
Starchy dish	Boiled potatoes	Oatcakes	Boiled potatoes	Potato wedges	Mashed potato
Vegetables	Carrots Mixed salad	Beetroot Mixed salad	Peas Mixed salad	Baked beans Mixed salad	Turnip Mixed salad
Soups/ Puddings	Lentil soup	Fruit yoghurt Fruit salad	Fruit yoghurt Selection of fresh fruit Yoghurt muffins	Fruit yoghurt Chocolate crispie Selection of fresh fruit	Peaches Fruit yoghurt Selection of fresh fruit
Sauce		Jelly whip	Custard	Custard	Semolina

WEEK FIVE

	Monday	Tuesday	Wednesday	Thursday	Friday
Main course 1	Steak and vegetable casserole	Golden whales	Roast pork	Spaghetti bolognaise Spaghetti	Chicken pie
Starchy dish	Mashed potato	Boiled potatoes	Boiled potatoes	Boiled potatoes	Mashed potato
Vegetables	Broccoli florets Green salad	Peas Mixed salad	Turnip Mixed salad	Carrots Mixed salad	Beetroot Mixed salad
Soups/ Puddings	Apple muffins Selection of fresh fruit Fruit yoghurt	Crispy date squares Selection of fresh fruit Fruit yoghurt	Selection of fresh fruit Fruit yoghurt Choc-orange cake	Yellow split pea soup	Selection of fresh fruit Fruit yoghurt Rice pudding
Sauce	Custard	Custard	Custard		Fruit salad

WEEK SIX

	Monday	Tuesday	Wednesday	Thursday	Friday
Main course 1	Breaded haddock	Steak mince	Roast chicken	Turkey premiere	Steak pie
Starchy dish	Mashed potato	Mashed potato	Boiled potatoes	Mashed potato	Mashed potato
Vegetables	Peas Mixed salad	Carrots Mixed salad	Turnip Mixed salad	Sweetcorn Mixed salad	Carrots Mixed salad
Soups/ Puddings	Selection of fresh fruit Selection of yoghurts Fruity flapjack	Tomato and lentil soup	Iced apple cake Selection of fresh fruit Selection of yoghurts	Selection of fresh fruit Selection of yoghurts Strawberry milkshake	Selection of fresh fruit Selection of yoghurts Carrot cake
Sauce	Custard		Custard	Cornflake biscuit	Custard

A Selection of fresh vegetables, milk and bread available daily. Homemade soup available daily.

WEEK 4

WEEK 5

WEEK 6

Where possible all meat used is Scottish beef sourced locally.