

WEEK TWO

	Monday	Tuesday	Wednesday	Thursday	Friday
Main course 1	Minced beef stovies	Chicken pie	Beef casserole	Breaded haddock	Roast pork with apple sauce and gravy
Starchy dish	Oatcakes	Mashed potato	Mashed potato	Mashed potato	Mashed potato
Vegetables	Grated carrot salad Sweetcorn	Peas Green salad	Carrots	Broccoli florets Green salad	Turnip Green salad
Soups/ Puddings	Selection of fresh fruit Selection of yoghurts Lemon citrus sponge	Cream of cauliflower and broccoli soup	Selection of yoghurts Fresh fruit salad	Carrot cake Selection of fresh fruit Selection of yoghurts	Selection of yoghurts Selection of fresh fruit Rice pudding
Sauce	Custard		Vanilla ice cream	Custard	Peaches