

# WEEK FOUR

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main course 1</b>	Macaroni cheese	Corned beef stovies	Roast beef	Fish fingers	Roast chicken
<b>Starchy dish</b>	Boiled potatoes	Oatcakes	Boiled potatoes	Potato wedges	Mashed potato
<b>Vegetables</b>	Carrots Mixed salad	Beetroot Mixed salad	Peas Mixed salad	Baked beans Mixed salad	Turnip Mixed salad
<b>Soups/ Puddings</b>	Lentil soup	Fruit yoghurt Fruit salad	Fruit yoghurt Selection of fresh fruit Yoghurt muffins	Fruit yoghurt Chocolate crispie Selection of fresh fruit	Peaches Fruit yoghurt Selection of fresh fruit
<b>Sauce</b>		Jelly whip	Custard	Custard	Semolina